Nonfiction

This collection from suicide-awareness organization Project Semicolon features stories and photos from people struggling with mental illness.

This book examines common risk factors for suicide including mental illness, substance abuse, domestic abuse, and bullying.

Hugstad, Kristi. *Beneath the Surface: A Teen’s Guide to Reaching Out When You or Your Friend is in Crisis*, 2019. TEENNF 616.8527 H896b
Whether or not you or someone you love is in crisis, it’s important to be able to recognize the warning signs of mental illness and know where to turn for help.

Fiction

After his girlfriend dies by suicide, a teenage history buff looks back at their relationship and tries to understand what lead to the tragedy.

Draper, Sharon M. *Tears of a Tiger*, 1996. TEEN
After the death of his longtime friend and fellow Hazelwood Tiger in a car accident, Andy, the driver, blames himself and cannot get past his guilt and pain. While his other friends have managed to work through their grief and move on, Andy allows death to become the focus of his life.

Sixteen-year-old Miles' first year at Culver Creek Preparatory School in Alabama includes good friends and great pranks, but is defined by the search for answers about life and death after a fatal car crash.

Fifteen-year-old Eleanor Fromme just chopped off all of her hair. How else should she cope after hearing that her bully, James, has taken his own life? When Eleanor's English teacher suggests students write letters they'll never send, Eleanor writes to James. With each letter she writes, Eleanor discovers more about herself, even while trying to make sense of his death.
Hutchinson, Shaun David. **We Are the Ants**, 2016. TEEN
Henry Denton has spent years being periodically abducted by aliens. Then the aliens give him an ultimatum: the world will end in 144 days, and all Henry has to do to stop it is push a big red button. Still dealing with the grief of his boyfriend’s suicide last year, he isn’t sure he wants to.

Konigsberg, Bill. **The Bridge**, 2020. TEEN
Aaron and Tillie do not know each other, but they both feel suicidal and arrive at the George Washington Bridge at the same time, intending to jump.

LaCour, Nina. **We Are Okay**, 2017. TEEN
After leaving her life behind to go to college in New York, Marin must face the truth about the tragedy that happened in the final weeks of summer when her friend Mabel comes to visit.

In the aftermath of a school tragedy, May and Zach struggle with grief, survivor's guilt, and the complex emotional impact of the event, learning how to heal and hope in the face of it all.

Since his father's suicide, Will, sixteen, has mainly walked, worked at Dollar Only, and tried to replicate his father's cornbread recipe. When Will learns his friend Playa was raped at a party, he believes he could have stopped the worst from happening if he hadn't left early, he's determined do some good in the world.

Ness, Patrick. **More Than This**, 2013. TEEN
A boy named Seth drowns, losing his life as the pounding sea claims him. But then he wakes. He is naked, thirsty, starving. But alive. How is that possible? He remembers dying. So how is he here? And where is this place?

Pan, Emily X. R., **The Astonishing Color of After**, 2018. TEEN
After her mother's suicide, grief-stricken Leigh Sanders travels to Taiwan to stay with grandparents she never met, determined to find her mother who she believes turned into a bird.

Sheinmel, Courtney. **The Survival List**, 2019. TEEN
Determined to find answers as to why her older sister died by suicide, Sloan searches a list of places and people her sister left behind.

Silvera, Adam. **More Happy Than Not**, 2015. TEEN
After enduring his father's suicide, his own suicide attempt, broken friendships, and more in the Bronx projects, Aaron Soto, sixteen, is already considering the Leteo Institute's memory-alteration procedure when his new friendship with Thomas turns to unrequited love.

Torres Sanchez, Jenny. **The Fall of Innocence**, 2018. TEEN
Sixteen-year-old Emilia DeJesus struggles to overcome the aftermath of assault when new information about what happened to her eight years before awakens her memories.