

Drug and Alcohol Abuse

Akron-Summit County Public Library

Nonfiction

Allen, John. **The Dangers of Heroin**, 2017. TEENNF 362.293 AL427h

Discusses why people use heroin, where they are getting it, how it affects the brain and the challenges of treatment and recovery.

Goldsmith, Connie. **Addiction and Overdose: Confronting an American Crisis**, 2018.

TEENNF 362.29 G624a

Very informative book that discusses the science and power of addiction, the dangers of withdrawal and the many different treatment options available for people who struggle with addiction.

Krosoczka, Jarrett. **Hey, Kiddo: How I Lost my Mother, Found my Father, and Dealt With Family Addiction**, 2018. TEENBIO KROSOCZ, J K93h

The powerful, unforgettable graphic memoir from Jarrett Krosoczka, about growing up with a drug-addicted mother, a missing father, and two unforgettable opinionated grandparents.

Meyer, Terry Teague. **I Have an Alcoholic Parent, Now What?**, 2015. TEENNF 362.2923M613i

Describes how alcohol affects the brain and body and helps teens recognize an alcoholic in their home. It also has very helpful information on how teens can cope with an alcoholic parent and how to seek help when a parent is addicted to alcohol.

Sheff, Nic. **Tweak: Growing Up on Methamphetamines**, 2009. TEENNF 362.299 Sh542t 2009

Sheff relates his personal struggle with drugs and alcohol in this poignant and often disturbing memoir.

Fiction

Boulley, Angeline. **Firekeeper's Daughter**, 2021. TEEN

As a biracial tribal member, Daunis Fontaine has never quite fit in, both in her hometown and on the nearby Ojibwe reservation. When Daunis witnesses a shocking murder, she is thrust into an FBI investigation of a lethal new drug destroying her community.

Burgess, Melvin. **Smack**, 1996. TEEN

After running away from their troubled homes, two English teenagers move in with a group of squatters in the port city of Bristol and try to find ways to support their growing addiction to heroin.

Doll, Jen. **Unclaimed Baggage**, 2018. TEEN

Doris has mostly kept to herself since the terrible waterslide incident a few years ago. Nell had to leave behind her perfect life in Chicago to move to Alabama. Grant was the star quarterback whose drinking problem has all but destroyed his life. What do these three have in common? A summer job working in a store called Unclaimed Baggage.

Hecker, Anna. **When the Beat Drops**, 2018. TEEN

Seventeen-year-old Mira, a jazz music prodigy, falls in love with Derek and sets aside trumpet practice when he promises fame as a D.J. But Mira doesn't know much about her new boyfriend – or the drugs he's using.

Hopkins, Ellen. **Crank**, 2013. TEEN

Kristina Snow is the perfect daughter: gifted high school junior, quiet, never any trouble. Then, Kristina meets the monster: crank. And what begins as a wild, ecstatic ride turns into a struggle through hell for her mind, her soul--her life.

Johnson, Alaya Dawn. **Love is the Drug**, 2014. TEEN

Emily Bird is an African American high school senior in Washington D.C., member of a privileged medical family, on the verge of college and the edge of the drug culture, and not really sure which way she will go--then one day she wakes up in the hospital with no memory of what happened.

Lockhart, E. **We Were Liars**, 2014. TEEN

Spending the summers on her family's private island off the coast of Massachusetts with her cousins and a special boy named Gat, teenaged Cadence struggles to remember what happened during her fifteenth summer.

McGinnis, Mindy. **Heroine**, 2019. TEEN

A captivating and powerful exploration of the opioid crisis--the deadliest drug epidemic in American history--through the eyes of a college-bound softball star.

Myers, Walter Dean. **Dope Sick**, 2009. TEEN

After a botched drug deal leaves a cop fighting for his life, Jeremy Dance (aka Lil J) knows that's he made some bad decisions.

Ribay, Randy. **Patron Saints of Nothing**, 2019. TEEN

When seventeen-year-old Jay Reguero learns his Filipino cousin and former best friend, Jun, was murdered as part of President Duterte's war on drugs, he flies to the Philippines to learn more.

Sharpe, Tess. **Far From You**, 2014. TEEN

After Sophie Winters survives a brutal attack in which her best friend, Mina, is murdered, she sets out to find the killer. At the same time she must prove she is free of her past Oxy addiction and in no way to blame for Mina's death.

Tharp, Tim. **The Spectacular Now**, 2008. TEEN

In the last months of high school, charismatic eighteen-year-old Sutter Keely lives in the present, staying drunk or high most of the time, but that could change when starts working to boost the self-confidence of a classmate, Aimee.