Books about Suicide Awareness for Tweens and Teens

Nonfiction

This collection from suicide-awareness organization Project Semicolon features stories and photos from people struggling with mental illness.

Lee, Deborah. *In Limbo*, 2023. TEENBIO LEE, D L478i
Ever since Deborah (Jung-Jin) Lee emigrated from South Korea to the United States, she's felt her otherness. Caught in limbo, with nowhere safe to go, Deb finds her mental health plummeting, resulting in a suicide attempt. But Deb is resilient and slowly heals with the help of art and self-care, guiding her to a deeper understanding of her heritage and herself.

Steffens, Bradley. *Teen Suicide on the Rise*, 2022. TEENNF 362.2808 St817t
Suicide is the second leading cause of adolescent death. This book examines what has been happening and why, how teens in particular have been affected, and ways to get help.

Fiction

Ho, Joanna. *The Silence That Binds Us*, 2022. TEEN HO
In the year following their son's death, May Chen's parents face racist accusations of putting too much pressure on their son and causing his death by suicide, and May attempts to challenge the racism and ugly stereotypes through her writing, only to realize that she still has a lot to learn and that her actions have consequences for her family as well as herself.
Ingrande Mora, Maria. *The Immeasurable Depth of You*, 2023. TEEN INGRANDE MORA
Fifteen-year-old Brynn is obsessed with death, and her severe anxiety leaves her feeling isolated, but when her parents decide she is going to spend the summer on her father's houseboat, she meets—and starts crushing on—sultry and confident Skylar, who is hiding a dark secret.

Mason, Lizzy. *Remind Me To Hate You Later*, 2023. TEEN MASON
Told in alternating timelines, as Natalie grieves her best friend Jules's death by suicide, Jules's influencer mother plans to release a book about it, which causes Natalie and Jules's boyfriend to band together and expose the truth behind Jules' tragic death.

Niven, Jennifer. *All the Bright Places*, 2015. TEEN NIVEN
A love story about a girl who learns to live from a boy who intends to die.