

Books about Teen Pregnancy for Teens

Non-Fiction



Burling, Alexis. Unplanned Pregnancies, 2021.

This book provides information on what steps teens can take when they find themselves dealing with an unplanned pregnancy. It examines birth control options, and how the decision to parent, put a child up for adoption or abort will affect the teen's life. The information is organized in a series of different scenarios that teens may find themselves in, and offers helpful options for dealing with each one.



Lewis, Nicole Lynn. **Pregnant Girl: a story of teen motherhood, college, and creating a better future for young families,** 2022. 306.8743 L675p SOCIETY

Teen mothers often face obstacles to success if they become pregnant at a young age. This book presents the possibilities of a better future for young families by showing that effective programs and equitable policies can help teen parents earn college degrees, have increased opportunity, and create a legacy of educational and career achievements in their families.

Fiction



Acevedo, Elizabeth. With the Fire on High, 2019 TEEN ACEVEDO With

Teen mother Emoni Santiago has been raising her baby girl since her sophomore year of high school. She wishes to work as a chef after she graduates, but she faces challenges while juggling motherhood and her studies.



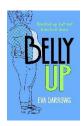
Bailey, Jen. Unexpecting, 2023. TEEN BAILEY Unexpecting

When 17-year-old Ben Morrison came out as gay, his parents were very supportive. So how does he now tell them that he is going to be a father with his best friend Maxie? One night at a party Ben and Maxie tried an "experiment" to see if he was really gay, and now he and Maxie's lives have changed forever. Both of their parents want Maxie to put the baby up for adoption, but Ben doesn't want to give up his child. "Juno" meets "Heartstopper" in this insightful coming of age story.



Caletti, Deb. Plan A: Her story, her choice, 2023. TEEN CALETTI Plan

Ivy is a senior in high school and has been working at her local drug store in Paris, Texas for two years to save money for college. She is a great student and is promoted to assistant manager quickly. Then she discovers that she is pregnant. The abortion pill is illegal in Texas, so she embarks on a road trip with her boyfriend, Lorenzo, to visit her grandmother in a state that allows abortion.



Darrows, Eva. Belly Up, 2019. TEEN DARROWS Belly

Serendipity, aka Sara, has just broken up with her longtime boyfriend. She agrees to go to a party with her best friend to start fresh. When she spots her ex at the party she starts drinking heavily and then a game of quarters ensues with a cute new boy. A brief, consensual encounter leaves Sara pregnant. She and her mother decide to move, and Sara must learn to navigate her new life as an expectant mother in a new high school.



Hand, Cynthia. The How and the Why, 2019. TEEN HAND How

18-year-old Cassandra McMurtrey has great parents that she loves dearly, but she often thinks of her birth mother, about who she was, what she's doing and where she lives. When she seeks her out online and finds her, she discovers several letters from her birth mother that had been sealed up in the Idaho Bureau of Vital Records. The letters help Cass learn what happened and why her mother made the choice to put her up for adoption.



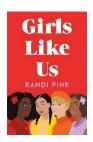
Hendriks, Jenni. Unpregnant, 2019. TEEN HENDRIKS Unpregnant

17-year-old Veronica Clarke is at the top of her class. When she discovers she is pregnant, she enlists the help of high school misfit Bailey Butler to drive her nearly a thousand miles to the closest abortion clinic.



Khan, Sabina. Meet Me in Mumbai, 2022. TEEN KHAN Meet

In 2001, Ayesha meets Suresh, the boy of her dreams, at a high school party. They quickly fall in love, but then Suresh is called back to India to see his ailing father. While he is gone, Ayesha learns that she is pregnant. 18 years later, her daughter Mira finds a box of letters from her birth mother, Ayesha. In the letters, Ayesha asks if Mira can forgive her for giving her up for adoption and asks her to come to India to meet her. Is Mira ready for what she'll learn?



Pink, Randi. Girls Like Us, 2019. TEEN PINK Girls

Four teenage girls, for different stories. What they all have in common is that they are dealing with unplanned pregnancies. In rural Georgia, Izella is burdened with the responsibility of her older sister, Ola, who has just found out she is pregnant. Their young neighbor is also pregnant and her father sends her to Chicago to give birth. There she meets Susan, who is the daughter of an anti-choice senator. Randi Pink weaves their individual stories into a much larger story about a woman's right to choose.