Books about Drug and Alcohol Abuse Awareness for Tweens and Teens

**Nonfiction**


Very informative book that discusses the science and power of addiction, the dangers of withdrawal and the many different treatment options available for people who struggle with addiction.

Quinones, Sam. *Dreamland: A young adult adaptation: The true tale of America’s opiate epidemic*, 2019. TEENNF 362.293 Q7d

Quinones explains how the rise of the prescription drug OxyContin, a miraculous and extremely addictive painkiller pushed by pharmaceutical companies, paralleled the massive influx of black tar heroin--cheap, potent, and originating from one small county on Mexico's west coast, independent of any drug cartel.

**Fiction**

Cadow, Kenneth M. *Gather*, 2023. TEEN CADOW

A resourceful teenager in rural Vermont struggles to hold on to the family home while his mom recovers from addiction in this striking debut novel.

Glasgow, Kathleen. *You’d Be Home Now*, 2021. TEEN GLASGOW

After a fatal car accident that reveals Emory's brother Joey's opioid addiction, Emory struggles to help him on his road to recovery and make herself heard in a town that insists on not listening.
Henson, Heather. *Wrecked*, 2022. TEEN HENSON
Told from different perspectives, almost-seventeen-year-old Miri skips school, rebuilds motorcycles, and befriends her new neighbor Fen to distract herself from knowing exactly what her dad Poe does for a living in the knobs of Kentucky.

Follows 17-year-old Will as they struggle with the aftermath of parental abuse and learn to forge a new life for themself.

Myers, Walter Dean. *Dope Sick*, 2009. TEEN BL MYERS
After a botched drug deal leaves a cop fighting for his life, Jeremy Dance (aka Lil J) knows that he made some bad decisions.

Zentner, Jeff. *In the Wild Light*, 2021. TEEN ZENTNER
Attending an elite prep school in Connecticut on a scholarship with his best friend science genius Delaney Doyle, sixteen-year-old Cash Pruitt, from a small town in East Tennessee, struggles with emotional pain and loss until his English teacher suggests writing poetry.

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