

Books about Bullying and Peer Pressure Awareness for Tweens and Teens

<u>Tween</u>



Cheng, Jack. **The Many Masks of Andy Zhou**, 2023. JFIC CHENG Sixth grader Andy Zhou grapples with fitting in, befriends a bully, drifts apart from his childhood best friend, and gets to know grandparents who have just moved from Shanghai to live with his family.



Leahy, Elisa Stone. Tethered to Other Stars, 2023. JFIC LEAHY

When seventh grader Wendy Toledo's family moves to a new all-American neighborhood, Wendy knows the plan: keep her head down, build a telescope that will win the science fair, and stay on her family's safe orbit. However, struggles such as aggressive bullying, family hardships, and academic stress make Wendy's plans near impossible.



Ogle, Rex. Four Eyes, 2023. JGN FOUR EYES 1

When Rex finds out he needs glasses, he's beyond miserable. Dealing with the bullies at school, his family being broke, and an embarrassing lack of friends, he has way too much on his plate already.

Teen

Nonfiction



Blanco, Jodee. Please Stop Laughing at Me... : One woman's inspirational story, 2022. TEENNF 302.343 B641p

Author and activist Jodee Blanco reveals how she simply set out to share her story-and ended up igniting a grassroots movement in the nation's schools. The first survivor of school bullying to look back on those experiences as an adult, Jodee shares information on her life, on digital and cyberbullying, her in-school antibullying program, and provides discussion questions.



Hamilton, Tracy Brown. **Combatting Internet Shaming**, 2017. TEENNF 302.33 H221c Defines online shaming as a form of bullying, discusses its detrimental effects, and provides strategies for preventing it.



Myer, Sarah. **Monstrous: A transracial adoption story**, 2023. TEENNF 362.734 M996m (Graphic novel)

Bullied by her classmates, Sarah, a Korean American girl growing up in a rural community with few Asian neighbors, channels her rage into her art and cosplay until it threatens to explode.

Fiction



Ameyaw, Maya. When It All Syncs Up, 2023. TEENBL AMEYAW

After being denied yet another lead because she doesn't "look" the part, Black teen ballet dancer Aisha switches high schools where she faces the same issues, which affects her mental health, until she finds the strength inside to dance on her own terms.



Chen, Kara H. L. Love & Resistance, 2023. TEEN CHEN

Starting at a new school and having to stand up to infamous --and racist-- it-girl Mitzi Clarke, 17year-old Taiwanese American teen Olivia Chang joins forces with a secret society of students to end Mitzi's reign of terror and their school's toxic bullying culture.



Jackson, Tiffany D., **The Weight of Blood**, 2022. TEEN JACKSON While at Springville Highs first integrated prom, Maddie, a constantly bullied biracial teenager, is tormented by her classmates until her secret is revealed--one that will cost them their lives.



Khubiar, S., Just a Hat, 2023. TEEN KHUBIAR

In 1979 Texas, 13-year-old Joseph Nissan struggles to trust others and stay true to himself when the Iran hostage crisis, two neighborhood bullies and the local reverend's beautiful daughter put him in danger, until he discovers he's not alone.



Medina, Meg. **Yaqui Delgado Wants to Kick Your Ass: the graphic novel**, 2023. TEENGN YAQUI Informed that a bully she does not know is determined to beat her up, Latin American teen Piddy Sanchez struggles to learn more about the father she has never met, until the bully's gang forces her to confront more difficult challenges.



Murata, Mayu. **Honey Lemon Soda,** 2023. TEENGN HONEY LEMON SODA 1 (MANGA) Middle school left Uka Ishimori with nothing but scars--to the point where she's forgotten how to laugh or cry or even say "hello." But a chance reencounter with a boy with lemon-colored hair invigorates her, giving her hope that maybe, just maybe, life can be that much sweeter if she finally reaches out for help.



Williams, Lily & Karen Schneemann. **Go With the Flow**, 2020. TEENGN GO WITH THE FLOW 1 Sophomores Abby, Brit, Christine, and Sasha are fed up. Hazelton High never has enough tampons. Or pads. Or adults who will listen. Sick of an administration that puts football before female health, the girls confront a world that shrugs--or worse, squirms--at the thought of a menstruation revolution.